

		uomini				donne			
		5 s	1 min	5 min	FT	5 s	1 min	5 min	FT
livello mondiale		25,1800	11,5000	7,6000	6,6000	19,4200	9,2900	6,7400	5,6900
		24,8774	11,3826	7,4943	6,5048	19,1998	9,1974	6,6426	5,6061
		24,5748	11,2652	7,3887	6,4096	18,9796	9,1048	6,5452	5,5222
		24,2722	11,1478	7,2830	6,3143	18,7593	9,0122	6,4478	5,4383
		23,9696	11,0304	7,1774	6,2191	18,5391	8,9196	6,3504	5,3543
		23,6670	10,9130	7,0717	6,1239	18,3189	8,8270	6,2530	5,2704
eccezionale		23,3643	10,7957	6,9661	6,0287	18,0987	8,7343	6,1557	5,1865
		23,0617	10,6783	6,8604	5,9335	17,8785	8,6417	6,0583	5,1026
		22,7591	10,5609	6,7548	5,8383	17,6583	8,5491	5,9609	5,0187
		22,4565	10,4435	6,6491	5,7430	17,4380	8,4565	5,8635	4,9348
		22,1539	10,3261	6,5435	5,6478	17,2178	8,3639	5,7661	4,8509
		21,8513	10,2087	6,4378	5,5526	16,9976	8,2713	5,6687	4,7670
eccellente		21,5487	10,0913	6,3322	5,4574	16,7774	8,1787	5,5713	4,6830
		21,2461	9,9739	6,2265	5,3622	16,5572	8,0861	5,4739	4,5991
		20,9435	9,8565	6,1209	5,2670	16,3370	7,9935	5,3765	4,5152
		20,6409	9,7391	6,0152	5,1717	16,1167	7,9009	5,2791	4,4313
		20,3383	9,6217	5,9096	5,0765	15,8965	7,8083	5,1817	4,3474
		20,0357	9,5043	5,8039	4,9813	15,6763	7,7157	5,0843	4,2635
molto buono		19,7330	9,3870	5,6983	4,8861	15,4561	7,6230	4,9870	4,1796
		19,4304	9,2696	5,5926	4,7909	15,2359	7,5304	4,8896	4,0957
		19,1278	9,1522	5,4870	4,6957	15,0157	7,4378	4,7922	4,0117
		18,8252	9,0348	5,3813	4,6004	14,7954	7,3452	4,6948	3,9278
		18,5226	8,9174	5,2757	4,5052	14,5752	7,2526	4,5974	3,8439
		18,2200	8,8000	5,1700	4,4100	14,3550	7,1600	4,5000	3,7600
buono		17,9174	8,6826	5,0643	4,3148	14,1348	7,0674	4,4026	3,6761
		17,6148	8,5652	4,9587	4,2196	13,9146	6,9748	4,3052	3,5922
		17,3122	8,4478	4,8530	4,1243	13,6943	6,8822	4,2078	3,5083
		17,0096	8,3304	4,7474	4,0291	13,4741	6,7896	4,1104	3,4243
		16,7070	8,2130	4,6417	3,9339	13,2539	6,6970	4,0130	3,3404
		16,4043	8,0957	4,5361	3,8387	13,0337	6,6043	3,9157	3,2565
moderato		16,1017	7,9783	4,4304	3,7435	12,8135	6,5117	3,8183	3,1726
		15,7991	7,8609	4,3248	3,6483	12,5933	6,4191	3,7209	3,0887
		15,4965	7,7435	4,2191	3,5530	12,3730	6,3265	3,6235	3,0048
		15,1939	7,6261	4,1135	3,4578	12,1528	6,2339	3,5261	2,9209
		14,8913	7,5087	4,0078	3,3626	11,9326	6,1413	3,4287	2,8370
		14,5887	7,3913	3,9022	3,2674	11,7124	6,0487	3,3313	2,7530
discreto		14,2861	7,2739	3,7965	3,1722	11,4922	5,9561	3,2339	2,6691
		13,9835	7,1565	3,6909	3,0770	11,2720	5,8635	3,1365	2,5852
		13,6809	7,0391	3,5852	2,9817	11,0517	5,7709	3,0391	2,5013
		13,3783	6,9217	3,4796	2,8865	10,8315	5,6783	2,9417	2,4174
		13,0757	6,8043	3,3739	2,7913	10,6113	5,5857	2,8443	2,3335
		12,7730	6,6870	3,2683	2,6961	10,3911	5,4930	2,7470	2,2496
principiante 2		12,4704	6,5696	3,1626	2,6009	10,1709	5,4004	2,6496	2,1657
		12,1678	6,4522	3,0570	2,5057	9,9507	5,3078	2,5522	2,0817
		11,8652	6,3348	2,9513	2,4104	9,7304	5,2152	2,4548	1,9978
		11,5626	6,2174	2,8457	2,3152	9,5102	5,1226	2,3574	1,9139
		11,2600	6,1000	2,7400	2,2200	9,2900	5,0300	2,2600	1,8300
		10,9574	5,9826	2,6343	2,1248	9,0698	4,9374	2,1626	1,7461
principiante 1		10,6548	5,8652	2,5287	2,0296	8,8496	4,8448	2,0652	1,6622
		10,3522	5,7478	2,4230	1,9343	8,6293	4,7522	1,9678	1,5783
		10,0496	5,6304	2,3174	1,8391	8,4091	4,6596	1,8704	1,4943
		9,7470	5,5130	2,2117	1,7439	8,1889	4,5670	1,7730	1,4104
		9,4443	5,3957	2,1061	1,6487	7,9687	4,4743	1,6757	1,3265
		9,1417	5,2783	2,0004	1,5535	7,7485	4,3817	1,5783	1,2426
	8,8391	5,1609	1,8948	1,4583	7,5283	4,2891	1,4809	1,1587	
	8,5365	5,0435	1,7891	1,3630	7,3080	4,1965	1,3835	1,0748	
	8,2339	4,9261	1,6835	1,2678	7,0878	4,1039	1,2861	0,9909	